



Treatment Protocol

4601

Policy: Allergy and/or Anaphylaxis	Effective April 1, 2018	Expires March 31, 2019
	Approval: Medical Director Reza Vaezazizi, MD	Signed
Applies To: PSP, EMT, AEMT, PM, MICN, BHP, EMS System	Approval: REMSA Director Bruce Barton	Signed

Enter from the Universal Patient Treatment Protocol
For specific Emergency Stabilization or Patient Management of Allergy and/or Anaphylaxis

P	E	A	P
S	M	E	M
P	T	M	

Pertinent Findings

Environment	History	Physical	Differential
Environmental triggers Allergen Stinger EpiPen	Allergy Anaphylaxis Exposure to allergen SAMPLE history	Anxiety Tightness in the chest Difficulty swallowing, airway swelling, dyspnea, wheezing, stridor Redness, itching, hives, angioedema Tachycardia Hypotension	Asthma Shock

Emergency Stabilization or Patient Management

Remove patient from contact with the allergen	P	E	A	P
	S	M	E	M
	P	T	M	
Assist patient with the administration of physician prescribed medication Retrieve patient's prescribed EpiPen or other clinically indicated medication Monitor and record patient's self administration as prescribed		E	A	P
		M	E	M
		T	M	
Diphenhydramine IM or slow IV/IO push For suspected allergy and/or anaphylaxis See the REMSA Calculation Chart for concentration, and patient specific dosage and volume <u>Repetition requires a base hospital order (BHO)</u>				P
				M
Epinephrine 1:1,000 IM For suspected anaphylaxis See the REMSA Calculation Chart for concentration, and patient specific dosage and volume <u>Repetition requires a base hospital order (BHO)</u>			A	P
			E	M
			M	
0.9% Normal Saline IV/IO bolus As clinically indicated for shock associated with allergy and/or anaphylaxis See the REMSA Calculation Chart for concentration, and patient specific dosage and volume May repeat as clinically indicated <u>Use a volume control chamber IV set during pediatric administration</u>				P
				M

B

B

Emergency Stabilization or Patient Management *(continued)*

Albuterol 0.083% HHN or in-line with a ventilatory device; or MDI when equipped
For bronchospasm associated with allergy and/or anaphylaxis
See the REMSA Calculation Chart for concentration, and patient specific dosage and volume
May repeat as clinically indicated

		A E M T	P M
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Return to Universal Patient Treatment Protocol
For continuing Scene Management, Emergency Stabilization, Patient Disposition, or Patient Management

P S P	E M T	A E M T	P M
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******* Base Hospital Orders *******

Initiate, repeat, or modify standing orders within scope of practice
As ordered

Assess, clarify, monitor, treat within scope of practice, and determine or change disposition and/or destination
As ordered

Mode of transport is an operational decision

	E M T	A E M T	P M
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